

My favourite finds:

some of the best and a few tips to get you started..

After 3pm with any hot drink you order in Pret a Manger you can get a free cake...

An antique telephone - from a skip in Holborn, London.

If you want any chance of getting any mushrooms at all you have to get up before the Poles!!!

Tickle Me Elmo - communal bins, Griezdale College, Lancaster University.

Foraging for apples is fine - scrumping is technically illegal but you can get away with it. Forage for car stereos and you'll get arrested. There is no such thing as urban scrumping. This applies to tyres and hubcaps too.

My first (and now favourite) hippie tie-dye T-shirt - on the security fence at Elland Road Jan 20th 2007.

REMEMBER: The first rule of urban foraging is there is no such thing as urban foraging!

Fresh moles - tied to a barb wire fence, RAF Fylingdales, Lockton High Moor, North Yorks.

The Death Cap mushroom is responsible for 90% of all fatal mushroom poisonings. One lucky guy survived only after having a liver and kidney transplant and losing most of his stomach. Apparently the mushroom had a slightly nutty flavour...

You can't take it all with you; Bits I wish I'd had space at home for...

Moulded plastic 60's style chairs. A half dozen chocolate sundaes. Brass diving helmet. A stuffed owl on a log. Gothic style dress mirror in an oak frame. Liver and onions. (Had to eat that straight away...) Stunt kite. Pot BBQ. Antlers. Kate Beckinsale - life size cardboard cut out. Church bell. Oh and a half cask of Theakstons Old Peculiar...

Urban Outlets - Feed your flatmates for free...

- 1) Good pizza places will give you any left over dough that's on it's way out - if you can stay awake to collect it at closing time.
- 2) Ask your bakery: Some places will let you have the leftovers they're not allowed to sell. Some will look the other way whilst you take 'em.
- 3) Supermarkets don't want to be sued. Ask and they'll say no. Ask where the bins are (be subtle...) and you're onto a winner!!!

Gav Husband